

# Friday, March 21, 2025

# 7:30 A.M.—8:15 A.M.

## 10:40 A.M.—11:40 A.M. (C) CONCURRENT SESSIONS

#### (C1) Marketing: Best Practices for Business & **Non-Profit Success**

Angela Krile, Owner, Krile Communications Amy Eyman, CEO, Fairfield County Foundation Shannon Young-Frey, Financial Advisor, Edward Jones Carol Haynes, Director, Kiddie Academy Janis Francis. Humble Crate

#### (C2) OHIO SOAR Analysis Workshop: A Useful **Tool for Emerging Leaders**

Kathryn Hartman, Ph.D. Vice-Provost for Faculty Development, Ohio University

#### (C3) The "Pow-Her" to Make Change Through **Civic Engagment**

Louise Valentine, Executive Director, LEAD Ohio

#### (C4) The Vibrant Women Project - Transforming Your Health

Tammy Slicer, Owner, Rejuvenation Station

#### (C5) Mental Resilience & Positive Affirmations: A Mindset Mastery for Strong Women

Lisa Skeens, Ph.D., MSW, LISW, Associate Professor of Social Work. Ohio University

#### (C6) Calm & Confident: Tools to Conguer Anxiety in Everyday Life

Paige Gutheil, D.O., Heritage College of Osteopathic Medicine

#### (C7) Who's Uding Who? Ethical Considerations in **Our Relationship with AI**

Robert L. Föehl, J.D., Executive-in-Residence for Business Law and Ethics, Ohio University

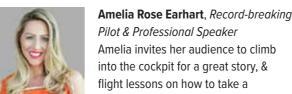
#### "R-E-S-P-E-C-T"

Carri Brown, Ph.D., M.B.A., C.G.F.M., County Auditor of Fairfield County & the 2024 recipient of the Jane Johnsen Vision for Women Award

The 2025 Jane Johnsen Vision for Women award & student leadership awards will be presented at the luncheon.

## 1:00 P.M.-2:00 P.M. (D) KEYNOTE SPEAKER

#### "Soaring to New Heights"



Pilot & Professional Speaker Amelia invites her audience to climb into the cockpit for a great story, & flight lessons on how to take a pilot's perspective on navigating life's turbulence.

### 2:10 P.M.-3:10 P.M. (E) CONCURRENT SESSIONS

#### (E1) Creating Flexible Spaces in the Workplace: **Employer & Employee Standpoint**

Carri Brown, Ph.D., M.B.A., C.G.F.M., County Auditor of Fairfield County Rachel Elsea, Communications Officer, Fairfield County Auditor's Office

(E2) Achieving Effective Work Life Balance: Strategies for a Healthier YOU

Andora Marshall, Business Analyst Staff, American Electric Power Kathy Binner, Kathy Binner International Academy, Author, Educator, Mentor

Mark Dolfini, Life & Business Strategist, Strategic Boardroom LLC Keri Forney, Human Resource Manager, Expedient Technology Solutions, LLC

#### (E3) Brave Space-Making: The Power of Storytelling to Foster Understanding, Empathy & **Collective Action**

Lynn Harter, Ph,D., Barbara Geralds Institute for Storytelling & Social Impact

#### (E4) Healthy Meals on a Budget

Shannon Carter, Extension Educator, Ohio State University Extension, Fairfield County

#### (E5) Healing Division: Correcting the Imbalance Between Empathy & Power

Amy E. Hull, M.Ed., Director, Head of Diversity Equity & Inclusion, Paycor Empowering Leaders

#### (E6) Hard-Hatted Women: Women in **Non-Traditional Careers**

Kaci Roach, Executive Director, Hard-Hatted Women

(E7) Embracing Creativity: Mud Gallery Art Project

(Pre-registration required - Cost: \$10 for materials payable onsite) Teresa Speakman, Owner, Mud Gallery Arts

# 3:20 P.M.-4:00 P.M.

### (F) FEATURED SPEAKER

(F1) Soar to New Heights: The Towanda Effect for Unapologetic Boldness

Tonya Tiggett, Owner and Chief Career Strategist, Tiggett & Co.

4:00 P.M.-4:30 P.M. **NETWORKING RECEPTION & DOOR PRIZES** 

### REGISTRATION

	Bird Registration until March 1st: \$ 0 - c c
After I	March 1st: \$ 0 c _ V c \$ , _ c _
Please	e return your registration form and payment to:
157	io University Lancaster, Celebrate Women 70 Granville Pike ncaster, OH 43130
Or reg	ister online at: ohio.edu/celebrate-women
Name	·
Addre	SS:
Phone	:
Email:	
OHIO	Alumni: Graduation year:
Si	gn Language Interpretation
Pleaso <b>B</b>	e select which concurrent sessions you will attend:
Selec	t a Boxed Lunch Choice: (registration continued on back)
	Turkey Club: Sliced turkey breast, smoked cheddar cheese lettuce, tomato on honey wheat bread
	Veggie Wrap: Roasted red peppers, sliced cucumber,
	tomato, lettuce, red onion, banana peppers, and
	provolone cheese wrapped in a wheat tortilla
	Veggie Wrap: VEGAN ONLY
	<b>Cranberry Apple Salad:</b> Spring mix topped with diced apples, dried cranberries, chopped pecans, and
	crumbled blue cheese
	Cranberry Apple Salad: VEGAN ONLY
$\dashv$	Chicken Ceasar Salad: Class caesar salad with
	Parmesan cheese, grape tomato, grilled chicken strips